

Tips for Staff to Support Patients to Succeed



Done To, Then With, Then For Yourself

Help us to keep in touch with our loved ones, the outside world & to make links with recovery colleges

Facilitate activities, leave, trips & support our attendance at involvement meetings

Help us to access personal budgets to support our wellbeing in the community

Support us when we are ready & choose to take more responsibility for our own recovery & share our stories

Create a sense of community on the ward with a choice of activities to build our confidence & skills

Help us to navigate support within the community e.g. neighbourhood services

Support us to navigate the legal system & advocate for ourselves

Set us up for success by ensuring we have safe & suitable home to live in

CARE PLANNING

TRANSITIONS

Help us to co-manage budgets for discharge preparations, empowerment & skills building

Support us to strengthen our own links with the community & ongoing recovery journey

Help us to have more ward round meetings with consistent staff to not slow down decisions

Have staff available to be more involved on the ward & out of the office

Communicate with us, be compassionate, understanding & treat us with respect

Engage with us, listen & show us care while we're unwell

Acknowledge how far we've come & don't judge us for our past

DISCHARGE

COMMUNITY

Help us to stay in touch with Multi-disciplinary Team members when we need them

ADMISSION

DISCHARGE PLANNING

Invite community organisations to visit us in services

Focus more on our strengths, skills & interests

Help us spend time off the ward individually & as a group