

# Helping Patients Succeed



Ways to Support Patients in Their Recovery



It is important for staff to **help us stay in touch** with our loved ones and the outside world. This can help us feel connected and supported during our recovery.



Staff should **support us in activities** like trips and meetings. This helps us feel involved and can build our confidence and skills.



Creating a **sense of community** on the ward is important. Offering different activities can help us feel more confident and learn new skills.



We need help to **navigate support** in the community, like neighbourhood services. This can make our recovery journey smoother and more successful.



Staff should **support us with legal matters** and help us speak up for ourselves. This can make us feel more empowered and in control.



**Safe and suitable housing** is important for our success after discharge. Staff should help us prepare for this transition.



Having **consistent staff** at meetings is important. It helps with decision-making and makes us feel more supported.



Staff should **communicate with us** kindly and with respect. Listening and showing care can make a big difference in our recovery.