



# IMPACT

Improving Adult Care Together



## OT RESEARCH HACKS

Research- No time? Too scary? Too much on top of work? Relevance to HCPC audit??

**Come and join us for a few hours of OT focused activities to unleash your curiosity!**

Register here: <https://forms.office.com/e/AJedFjrCPY>



### WHAT'S IT ALL ABOUT?

Funded by research and Social Care organisations in the West Midlands, this project is running from March 2025 to February 2026 to explore ways of increasing the engagement of W Mids. ASC occupational therapists with research - using it and creating it.

Two OTs, Alicia and Jane, are leading this 12 month project with a view to learning what we need to increase engagement with research. We will showcase the regions OT work and share widely what we have learned to help other regional OT teams to test and learn from our ideas.

### BENEFITS

#### 1. Support your research readiness

Get ahead of the curve for the HCPC audit, get research ready, or just join the hacks and take some new skills back to work, which ever route you might take please join this important project and lets get more research active.

#### 2. Showcase your learning & success!

We will be holding a showcase conference in Birmingham on **5 Feb 2026**, providing an opportunity for you all to be involved to celebrate the learning and progress made, and plan for a sustainable future with research. We will also be working with the **OT Show (26-27 Nov 2025)** to provide opportunities to share your work. Watch this space!

#### 3. Strengthen the OT profile

Get some space to think and consider changes your might want to make, build a case for change in your service, check the evidence, draft a proposal, draft a funding bid, or submit a conference abstract to promote a project you have done.

### DETAILS

**Hack 1: July 17th**

**Hack 2: August 5th**

**Hack 3: Sept 1st**

**Hack 4: Oct 16th**

### VENUE

- University of Birmingham Park House
- 11-3pm with lunch
- Parking available - payment via App.

### CONTACTS

Alicia Ridout: [a.ridout@bham.ac.uk](mailto:a.ridout@bham.ac.uk)

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**SIGN UP here:**

<https://forms.office.com/e/AJedFjrCPY>

IMPACT OTs and Research  
Demonstrator: Hack sign up form



**IMPACT OT ENGAGEMENT WITH  
RESEARCH DEMONSTRATOR  
PROJECT**



# Research Resources for OTs:

## Webinars & Vlogs from Elizabeth Casson trust



**Katrina Bannigan vlog on writing:**

<https://elizabethcasson.org.uk/wp-content/uploads/2021/11/Writing-Productively-2.mp4>

**Annie Turner on writing from a blank sheet:**

<https://elizabethcasson.org.uk/masterclasses/write-off-you-go/>

**Sarah-Jayne Butler on presenting:**

<https://elizabethcasson.org.uk/masterclasses/presenting-with-impact/>

**Click here for more to support your development:**

<https://elizabethcasson.org.uk/your-development/>

## Websites, resources, useful info:

**RCOT (PUBLIC):**

**CAHPR (West Mids)**

<https://cahpr.org.uk/hubs/west-midlands/>

**Elizabeth Casson Trust:**

<https://elizabethcasson.org.uk/funding/>

**Coventry Uni Library pages (info):**

<https://libguides.coventry.ac.uk/c.php?g=709257&p=5116284>

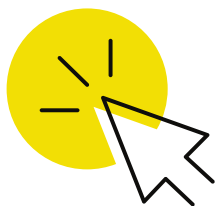
**Council of Deans Podcast:**

<https://www.councilofdeans.org.uk/2022/02/codhresearchmonth-2022-blog-working-together-in-health-and-social-care-research/>

**Open Athens accounts:**

<https://openathens.nice.org.uk/>

**Let us know what else you need by completing our feedback survey, below.**



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**IMPACT Resources and newsletter sign up here:**

<https://impact.bham.ac.uk/>